

TEAM BUILDING

Duration: 2 Day(s)

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PCSS PMI ID No: 110994
RCP ID No: 12-0133
Course ID: PCSS620

Course Objective

To help participants recognize the skills that are needed in being part of a successful team. It is also to get the participants to think about interpersonal skills and whether their work teams use these skills and what their strengths and weaknesses are.

1. Methodology
2. Workbook manual
3. Workshops
4. Discussions

Course Overview

1. Program and Safety briefing
2. Ice-breaking
3. Trust and Responsibility
4. Indoor Activities
5. Why do teams fail?
6. Project Eggs
7. Outdoor Activities
8. Debriefing

Course Topic

1. Program and Safety briefing
2. Ice-breaking (Yeah! Group and Self-disclosure)
3. Trust and Responsibility
4. Indoor Activities
 - Definition of word "team"
 - Why are teams important?
 - The characteristics of High Performance Teams
 - Johari Window
 - The functions of team leader
 - The puzzle game
5. Why do teams fail?
6. Indoor Activities
 - Team norms, cohesiveness & decision making
7. Project Eggs
 - Outdoor Activities
 - Trust Fall
 - Rafting
 - Drum Rescue
 - Obstacle Course
 - Spider Web
 - Acid River Crossing
 - Reserved : "A" Frame or Toxic Waste (Tarantula)
 - Debriefing & Re-cap of the day's learning
8. Outdoor Activities
 - Trust Fall
 - Rafting
 - Drum Rescue
 - Obstacle Course
 - Web
 - Acid River Crossing
 - Reserved : "A" Frame or Toxic Waste (Tarantula)
 - Debriefing & Re-cap of the day's learning
9. Debriefing

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